## **Best and Fairest Sports Parenting**



Poor parenting increases drop out rates, damages self esteem and leads to endless conflict between you, your kids and coaches.

## We all want to do the right thing for our kids...but what is the right thing?

Ex-St Kilda Captain and sports dad Nathan Burke provides practical solutions in this 90-minute seminar.

As parents we want to give our kids the best opportunities in sport, and importantly we want to build and maintain a healthy, long lasting relationship with them. In trying to do both we can tread a fine line between being over involved and under involved in our kids life.

This practical seminar will look at the 6 signs you may be an overinvolved parent and just what perfectly involved parenting looks like. The strategies will help you give your child the best opportunity to reach their potential, and have fun doing so.

Nathans talk was inspiring, hard hitting and gave us a great insight into teamwork. Wow, what a great session, the best we've had so far.

## Book Now: \$20 per head\* Venue – your club.

\*min. 25 people Contact: 0408151134 nathanburke3@icloud.com www.nathanburkeconsulting.com Parents, Coachers, Teachers, Teachers, Connthite Coand Elite



- Coaching girls it is different.
- Managing parents for coaches
  - Coaching the modern player
    - 'Impact' coaching
    - Ethics in coaching as delivered to FFV Coaching Conference 2017
    - Resilience for coaches and kids -as delivered to AFL National Coaching Conference